

TIME	WHAT	ROOM	
08:30	Set up of <i>Marketplace &amp; Exchange Stalls</i>	Grace	[Ground floor]
09:00 – 10:00	Conference registration + <i>Visit Marketplace &amp; Exchange Stalls</i>		
10:00 – 10:20	Directors Welcome and Update <b>Professor Dawn Skelton, Dr Susie Dinan-Young, Bob Laventure, Bex Townley and David Riddell</b>		
10:20 – 11:00	<b>Keynote:</b> Fit for Frailty <b>Professor Finbarr Martin, Professor of Medical Gerontology at King's College London</b>		
11:00 – 12:30	Choice of WORKSHOP 1	See Workshop Programme	
12:30 – 13:30	Lunch <i>+ Visit Marketplace &amp; Exchange Stalls + LLT Surgeries - Bex Townley, Dawn Skelton, Simon Hanna</i>	Lunch in Café area & Grace Room (For Surgeries see page 6)	
13:30 – 14:00	<b>Keynote:</b> PSI for primary prevention of falls: ProAct65+ <b>Sheena Gawler, Research Assistant, Northumbria University</b>	Grace	[Ground floor]
14:00 – 15:30	Choice of WORKSHOP 2	See Workshop Programme	
15:30 – 15:50	Refreshments + <i>Visit Service Delivery Stalls</i>	Grace	[Ground floor]
15:50 – 16:30	<b>Keynote:</b> Exercise after Stroke – Changing Lives <b>Bridget Bergin, UK Director, Life After Stroke Services, Stroke Association</b> <b>Dick Tapper, participant in exercise rehabilitation and Stephanie Wadlow, EfS Instructor</b>		
16:30 – 18:00	Choice of WORKSHOP 3	See Workshop Programme	
18:00 – 18:30	<b>Keynote:</b> High Intensity Functional Exercise for Dementia <b>Associate Professor Erik Rosendahl and Dr Nina Lindelöf, Department of Community Medicine and Rehabilitation, Umeå University, Sweden</b>	Grace	[Ground floor]
18:30 - 18:45	Round-up of day and prizes! <b>Professor Dawn Skelton</b>	Inspire 1 & 2	[First floor]
19:00 – 21:00	Buffet Dinner		